

Quarterly Newsletter

September 10, 2025

Recovery Month

Mission Statement

The mission of JCAP at the Whitley County Detention Center is to provide evidence-based treatment, education, and support to incarcerated individuals struggling with substance use disorders. We are committed to fostering personal responsibility, promoting recovery, and equipping participants with the tools needed to overcome addiction and reduce the risk of relapse and recidivism. Through compassionate care and a structured therapeutic environment, we strive to empower individuals to make positive, lasting changes in their lives and successfully reintegrate into society.



JCAP Class 3

Persistence is the foundation of recovery. In this program, we see that the most powerful changes do not come from one big step, but from the steady, repeated effort to keep moving forward, even on the hardest days.

Every participant in JCAP is learning that setbacks do not define failure — they are part of the journey. What matters most is the decision to get back up, to try again, and to stay committed to building a healthier future.

I want to recognize the incredible work being done by both our facilitators and participants. Facilitators continue to provide support, guidance, and encouragement, while participants show courage by being honest, open, and willing to change.

Recovery is not easy, and persistence takes strength. But inside this program, we are proving every day that persistence leads to progress, and progress leads to lasting change. Every day, our participants show strength by continuing to engage in this program, even when the work feels difficult. Thank you to everyone who continues to support this work and believes in the power of recovery.

Highlights

- Recognizing that being vulnerable does not mean you are weak. It means you trust yourself enough to handle the hurt.
- Understanding that the loudest words are the ones we live.
- Slowly learning that it is OK to raise your hand and ask for help.



Facilitators

A heartfelt thank you to those that are dedicating their time

Kristen Monier – QCC

Caroline Everidge – Purdue Extension/Noble Co.

Phil Couch -Impact Institute

Luke Neer – Remnant Church

Lindsay Foster – DEKKO

Lindsay Sprunger – Drumming for Joy

Brittney Schori – Purdue Extension/Whitley Co.

Kathreen Price –Yoga

Tim Traxler – Inside Out Dad

Ciara Boling – Allendale

Aisha Diss - ProjectMe

Chelsey Timm– ProjectMe

In Their Words...

As we continue to take this program one day at a time, we have begun to open up as a group and learn how to work through personal issues by identifying the root causes. Additionally, we have been working on our physical health, as well as mental stability growing all aspects of our recovery. Beginning the second month, we look forward to stepping up to the challenge of never backing down and never surrendering on the journey of becoming better for ourselves such that we may be there for our families. We continue to be very appreciative for all the dedicated efforts of our class facilitators and for Sean and Cami for making this program possible.

JCAP Artwork



