

Mission Statement

The mission of JCAP at the Whitley County Detention Center is to provide evidence-based treatment, education, and support to incarcerated individuals struggling with substance use disorders. We are committed to fostering personal responsibility, promoting recovery, and equipping participants with the tools needed to overcome addiction and reduce the risk of relapse and recidivism. Through compassionate care and a structured therapeutic environment, we strive to empower individuals to make positive, lasting changes in their lives and successfully reintegrate into society.



JCAP Class 3



Class 3 moved into the JCAP dorm on August 3rd.

JCAP is making meaningful progress in helping individuals build healthier futures. The consistent participation and positive feedback we are seeing highlight the importance of providing structured support inside our facility. Recovery is not just about overcoming addiction — it's about equipping people with the skills, confidence, and hope they need to succeed when they re-enter the community. I am proud of the dedication shown by both participants and staff, and I thank leadership for their continued support in making this program possible.

This month the focus has been on building rapport, becoming a cohesive unit, and developing healthy coping skills. The first weeks are a slow transition with the focus being on building trust amongst the group. Through structured group discussions and activities, everyone is learning tools to help manage stress, avoid relapses, and build a new future.

There have been some challenging days, but they all continue to show up for themselves and each other.

"Success is not final; failure is not fatal; it is the courage to continue that counts."
– Winston Churchill

Facilitators

Kristen Monier – QCC

Caroline Everidge – Purdue
Extension/Noble Co.

Phil Couch -Impact Institute

Luke Neer – Remnant Church

Lindsay Foster – DEKKO

Lindsay Sprunger –
Drumming for Joy

Brittney Schori – Purdue
Extension/Whitley Co.

Kathreen Price –

Tim Traxler

Ciara Boling – Allendale

Highlights

- Goal Setting – Individually and Group
- Peer Support Circles are being held every Thursday, encouraging positive peer-led accountability.
- Journaling and Reflection activities are available to strengthen self-awareness and personal growth.
- They are being challenged to really feel...learning that feeling uncomfortable is ok.

In Their Words....

In the first three weeks we have realized that we have been chosen to participate in an intense therapeutic program that offers tools for coping and a chance to express ourselves artistically. While pushing ourselves to open up in peer driven and outside led facilitation. Teaching us values such as educational growth, enthusiasm, understanding, integrity, and respect. Also completing chores to teach us responsibility. Finally, understanding that it works if you work it and that we have to always take it one day at a time.

JCAP 3 Values & Motto

